



BROWS POST-CARE INSTRUCTIONS

THE NEXT 14 DAYS:

1. Do not get your brows wet for the first 7 days. If brows accidentally get wet, let them air dry. **Do not** wipe them with a towel. Wiping with a towel can lead to color loss and patches.
2. Avoid any direct water exposure on the eyebrows; no swimming for 14 days
3. Please **no hot steam shower** in the next 14 days. Warm showers should not be longer than 15 minutes. When your skin is exposed to steam or warm water for a long period of time, the skin perspires, and the pores will open and push out the pigment, leading to poor color retention.
4. **Avoid exercises** or any activity that involves a lot of sweating. Sweating will push out the pigment and lead to poor color retention.
5. No ointment on the eyebrows for the first 2 days. Allow the ointment applied at the end of your service to continue working on its own throughout the 1st and 2nd day.
6. Starting day 3, use a Q-tip to apply a rice size amount of ointment on brows **right before showering**; Max 2 times a day for normal and dry skin and only **once a day for oily skin**.
7. **Treat your brows like an open wound**; Brows should not come in contact with anything that is not clean.
8. Avoid makeup on or close to the eyebrows for 14 days
9. Redness & Swelling (if any) will disappear between 1-3 days.

STAGES OF HEALING: Brows are going to get **super dark** starting the second day. **Between days 5-7 your brows will begin to scab.** Once the scabs fall off, brows will appear like they lost all their color, or it is too light. Between days 14-28, the color will begin to come back. Brow true color will be seen between weeks 4-6 after the procedure. Complete brows healing takes about 4 weeks. Please trust the process.

*****DO NOT SCRATCH BROWS; DO NOT PICK THE SCABS.** Let the scab fall off by itself. If it itches, gently press on it. Picking scabs will lead to color loss.

*****DO NOT SLEEP ON YOUR FACE OR BROWS.** Please sleep on your back for the next 14 days.

THE NEXT 4 WEEKS:

1. After 14 days, wear sunscreen directly on your eyebrows if you are going to be exposed to the sun (Neutrogena hydro boost face moisturizer with SPF 50 is a good option)
2. Avoid sunroom, sun, sunbathing, facial treatments, sauna, tanning, skin fruit acids, face laser treatment, and light therapies **BECAUSE THE BROWS WILL OXIDIZE AND TURN A DIFFERENT COLOR.**
3. Wear a hat when you are under the sun for an extended period.
4. No chemical peels, Botox, dermabrasion, or any strong facial treatments for 4 weeks after the procedure.

*****SIGNS AND SYMPTOMS THAT INDICATE THE NEED TO SEEK MEDICAL CARE:** fever, any yellow or green discharge with a foul smell, brows redness, tenderness, or swelling.

If you have further questions, please contact me. Thank you!